

Forest School – First Aid Policy, Kit Contents & Risk Assessment

1. Forest School First Aid Policy

- A qualified Forest School First Aider is present at all sessions.
- A fully stocked First Aid Kit is taken to every session.
- All incidents are recorded and parents are informed.
- Emergency services are called when required.
- Emergency medication (inhalers/EpiPens) must be available on site.
- Gloves worn for any bodily fluids.
- Fire and tools used only under trained supervision.

2. First Aid Kit Contents

Dressings & Bandages:

- 6 Medium Dressing Bandages
- 2 Eye Bandages
- 2 Triangular Bandages
- 2 Cohesive Bandages
- 1 Crepe Bandage
- 5 Small Adhesive Dressings
- 5 Medium Adhesive Dressings
- 40 Assorted Plasters
- 5 packs 5cmx5cm Gauze Swabs
- Zinc Oxide Tape
- Micropore Tape

Cleansing:

- 20 Saline Wipes
- 5x20ml Saline Pods

Tools:

- Rounded-End Scissors
- Tuff Cut Shears
- Tweezers
- Tick Remover Tool
- 6 Safety Pins

PPE:

- 5 Pairs Vinyl/Nitrile Gloves (S, M, L)

Emergency Items:

- Resuscitation Face Shield
- Foil Blanket

3. First Aid Risk Assessment

Hazard: Cuts & Scrapes

- Clean with saline, apply dressing, record incident.

Hazard: Burns

- Fire supervised, safety circle, treat burns immediately, call 999 if severe.

Hazard: Medical Emergencies

- Medication accessible, trained staff administer, call 999, inform parents.

Hazard: Tick Bites

- Remove tick safely, clean area, advise parents to monitor child.

Hazard: Bodily Fluids

- Gloves worn, waste bagged, hands washed.

Hazard: Evacuation

- Emergency plan, foil blanket, call 999 if cannot walk.

Hazard: Location Access

- Charged phone, site directions prepared for emergency services.

This document is reviewed termly or after any incident.