**Educational Approach Policy- Exploring Nature**

At Exploring Nature, we are committed to providing a high-quality, enriching outdoor learning experience that focuses on each child's needs and interests. Our Forest School program encourages exploration, growth, and learning through nature-based activities, and we strive to provide a safe, supportive, and inclusive environment where all children can thrive. The following policy outlines our approach to learning and development, ensuring that our Forest School program is holistic, inclusive, and learner-centred

**1. Learner-Focused Approach**  
Our Forest School program places the individual child at the centre of the learning experience. We understand that each child is unique, with different needs, interests, and learning styles. We aim to create a learning environment that:

* Recognizes and responds to each child's interests, passions, and curiosities.
* Adapts to the developmental stages of the child, allowing them to progress at their own pace.
* Encourages active participation and ownership of their learning through exploration and hands-on activities.
* Provides opportunities for children to make decisions, take initiative, and engage in self-directed learning.

By prioritizing the child's voice and choices, we believe that learning becomes more meaningful and motivating.

**2. Holistic Development**  
At Exploring Nature, we view learning as a holistic process that supports the development of the whole child. Our program is designed to nurture the following aspects of development:

* **Physical Development:** Through outdoor activities such as climbing, tool work, and nature exploration, children develop their gross and fine motor skills.
* **Social Development:** By working in small groups and collaborating with peers, children build social skills such as communication, empathy, teamwork, and conflict resolution.
* **Cognitive Development:** Forest School encourages critical thinking, problem-solving, and creative exploration, allowing children to engage with the world around them and develop a love of learning.
* **Linguistic Development:** Our sessions provide rich opportunities for language development through storytelling, group discussions, and verbal communication, encouraging expressive language skills and vocabulary building.
* **Emotional Development:** Children are encouraged to express their emotions in a supportive environment. Through activities that challenge them emotionally, such as overcoming fears or navigating social situations, children build self-regulation and emotional resilience.
* **Spiritual Development:** By connecting with nature, children often develop a sense of wonder and respect for the natural world. This fosters a deeper connection to the environment, an understanding of sustainability, and a sense of belonging within the wider world.

**3. Supportive Risk-Taking**  
We understand that risk-taking is an important aspect of children's development. At Exploring Nature, we believe that a supportive approach to risk-taking provides children with the opportunity to explore, test boundaries, and learn from their experiences.

* We encourage children to engage in activities that challenge them physically and mentally, such as climbing, tool work, and navigating natural obstacles.
* Risk-taking is always carefully managed and supported by qualified staff who ensure that activities are safe, age-appropriate, and align with our risk management procedures.
* We support children in developing resilience and confidence as they push their boundaries in a controlled and supportive way.
* Children are encouraged to make decisions about their own safety, understand risks, and take responsibility for their actions, which contributes to building self-confidence and independence.

**4. Long-Term Process**  
We view Forest School as a long-term, ongoing journey that focuses on incremental progress. Our approach allows children to build skills and confidence over time, fostering a sense of continuity and belonging.

* Our program emphasizes regular, consistent attendance, allowing children to establish strong relationships with both their peers and the natural environment.
* We offer opportunities for children to revisit skills, knowledge, and activities, enabling them to master skills over time and progressively challenge themselves.
* The long-term nature of the program helps children develop a sense of achievement and provides them with the space to grow at their own pace.

We believe that children’s development is a gradual process, and we are committed to supporting each child’s individual growth, fostering resilience, and building lifelong skills.

**5. Inclusive Practices**  
We are committed to making our Forest School program inclusive and accessible to all children, regardless of their abilities, backgrounds, or experiences.

* We offer differentiated activities to meet the individual needs of all children, ensuring that each child can participate at a level that is suitable for them.
* Children with Special Educational Needs (SEN), physical disabilities, and other learning differences will receive appropriate support to ensure they have full access to the activities and benefits of the program.
* We are committed to providing an environment where children can feel safe, valued, and respected, and where diversity is celebrated.
* Our staff are trained to adapt activities and teaching approaches to ensure that every child is included and supported in their learning journey.

**6. Communication with Parents/Guardians**  
Open and transparent communication with parents/guardians is essential for the success of the Forest School program. We believe that strong partnerships with parents help us to support each child's development and ensure a cohesive learning experience.

* We regularly update parents on their child’s progress, development, and experiences through verbal feedback, written reports, and parent meetings.
* Parents are encouraged to share information about their child's needs, interests, and experiences outside of Forest School, so we can better support their learning journey.
* We invite parents to take an active role in the Forest School program by participating in certain activities or events.
* Any concerns or queries from parents are addressed promptly, and we work collaboratively with families to find solutions to any issues that may arise.

**7. Conclusion**  
At Exploring Nature, we are committed to providing a learner-focused, inclusive, and holistic approach to outdoor learning. By prioritizing the needs and interests of each child, encouraging supportive risk-taking, and fostering long-term growth, we aim to create a positive and enriching experience for all participants. Our Forest School program nurtures a love for nature and provides children with the tools they need to develop physically, socially, emotionally, and intellectually.

If you have any questions or would like to learn more about our approach, please do not hesitate to get in touch with us.

**Contact Information**:  
**Evelyn Bibbon**  
Email: **Evelyn@exploringnature.uk**  
Phone: **07942145586**